

Army Milestone Training Information

Each training table lists the following information:

- Title of CMT Touchpoint training
- Delivery Method
 - Instructor-Led Training (ILT)
 - Counselor Checklist (CL)
- Course Length

Please Note: Time estimate is for Instructor-Led Training ONLY

TOUCHPOINT	DELIVERY	COURSE LENGTH
Permanent Change of Station (PCS)	ILT, CL	30-45 minutes
Vesting in the Thrift Savings Plan	ILT, CL	30 minutes
Entitlement to Continuation Pay	ILT, CL	30 minutes
Marriage in the Army	ILT, CL	45 minutes
Welcoming a New Child in the Army	ILT, CL	45 minutes
Preparing for Divorce	ILT, CL	45 minutes
Disabling Sickness or Condition	ILT, CL	60 minutes
Pre-Deployment	ILT, CL	60 minutes
Post-Deployment	ILT, CL	60 minutes

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